

The Dutch health system

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Facts and figures about the Netherlands

Small country

16.3 million inhabitants, high population density

GDP/capita: € 37.580 (2006)

Flat country: 24% lies under sea level

Tallest people in the world

Life Expectancy: 78,0 years (man), 82 years (woman)

Health quote: 9.2%

















The Dutch health insurance system





The new insurance system at a glance

- Every citizen required to have health insurance
- Private insurance (EU-legislation, for profit and not for profit allowed).
- Private....but with public safeguards and constraints:
- Mandatory enrollment/no risk selection
- Community rating
- Risk equalisation

Characteristics

- Fixed basic comprehensive benefits but variations in design
- Composition premium:
 - Employer contribution (50%)
 - Individual premium (50%)
- Children under 19 don't pay premium
 - Health allowance for people with lower incomes
 - Range of deductibles (150-500 Euro)
- Discounts for group contracts (max 10% near future no max))
- For profit and not for profit companies allowed
- Annual open enrollment for individuals and families.
- Health insurers cannot cancel
- Competition on premium, service, supplementary insurance and purchasing health care









9 What are the main issues in the dutch health care

- Increasing costs
 - Aging of the population New technology inefficient tuning of care
- To little orientation on prevention: improvement on Life style (healthy food, stop smoking, sports etc)
- Orientation to much "sick and care "to little "behavior and health"
- To little patient compliance
- Volume/price oriented payments and not patient added value payments
- Development off honest quality datasets on the performance of the cure *l*care providers (and also the health insurance companies)
 - Essential for a confidential negotiation environment
- Insufficient position of the patient in the purchase proces of health insurance companies
- Insufficient independence and empowerment of patient









- Purchase improvement buying good quality that leads to reducing volume and price (waiting list risk)
- Reducing basic package (governement issue/ solidarity risk)
- Social coalition all actors (patientorganisations, doctors, health insurance companies) to reduce costs in the interest of solidarity



Appraisal commission to decide what is for the basic package and what for private (Health Care Insurance Board (CVZ))

- necessity / disease burden
- Costeffectiveness

 higher Costeffectiveness
 acceptable in relation with
 rare nature of the disease
- Effectiveness: higher effectiveness gives high certitude that means Costeffectiveness less importent
- feasibility
- unsuitability for insurance because off high prevalence













What are the goals in the dutch Health system

- Orientation on prevention: improvement on Life style (healthy food, stop smoking, sports etc)
- Paradigma shift from a orientation
 " sick and care " to " behavior and health"
- Improvement patient compliance
- A switch in incentives from a volume/price oriented payments to Pay for performance (patient Added value)
- Honest quality datasets on the performance of the cure /care providers (and also the health insurance companies)
 - Essential for a confidential negotiation environment
- Insure a good position of the "voice of the patient" in the purchase proces of health insurance companies
- Improve the independence and empowerment of patients

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